# OKLAHOMA VAULT CLUB

## **MEMBER FORM**

### ATHLETE CODE OF CONDUCT

- Athletes are not allowed to jump without an Oklahoma Vault Club coach present.
- Athletes should arrive early and be ready to jump at the scheduled time.
- Have a positive attitude and be respectful of everyone at all times. No cell phones during jump sessions.
- No use of profanity or inappropriate language. No Drugs, alcohol or tobacco/vaping at any time.
- Be ready to jump 1-2 jumps ahead (pole, grip, run, jump)... Keep phones put away other than emergencies.
- Poles are not to be taken or used without the written permission of an Oklahoma Vault Club Coach.
- Our Competition is with the CROSSBAR and not with other VAULTERS.
- Any Violation could lead in to the removal of club privileges.

## **CLUB GOALS**

- Provide quality coaching in a safe and positive manner
- Introduce the pole vault to new athletes, coaches and schools.
- Help athletes to become better vaulters and better people.
- Train every vaulter to compete to their potential.
- Have FUN and JUMP HIGH!

### **CLUB CULTURE**

- Club culture and integrity are essential for success.
- We Don't Take Shortcuts... We strive to improve technique and athletic ability by putting in work!
- We use a proven progression used by top Collegiate, National and Olympic Coaches.

#### **CLUB CULTURE**

- We do not allow vaulters to jump with multiple clubs. You can jump with another club or OVC but not both...
- We REQUIRE notification and approval of school coaches that you are jumping with Oklahoma Vault Club...

## We will not work with school vaulters if the school coach does not approve!!! I agree to the policies above... OKLAHOMA VAULT CLUB - USATF #27-1023 \_\_\_\_\_ School: \_\_\_\_\_ Grade: \_\_\_\_ USATF # \_\_\_\_\_ Athlete's Name: Male Female Date of Birth: \_\_\_\_\_\_ Age: \_\_\_\_ T-Shirt Size: S M D L Other (Size) \_\_\_\_\_ Height: \_\_\_\_\_ Weight (pounds): \_\_\_\_ PR Vault: \_\_\_\_ Pole Size: Length/Size \_\_\_\_\_ City: \_\_\_\_\_State: Zip: Mailing Address: Email Address: ALL correspondence from Oklahoma Vault Club will be sent to this email address. Double check for accuracy! I acknowledge that pole vaulting is a dangerous sport and may result in serious injury and possible death. I agree to hold harmless SportFitOK, Oklahoma Vault Club, their coaches, staff or anyone associated therein with Oklahoma Vault Club. I agree to grant medical treatment if so necessary due to injury or sickness. I give permission for the use of media such as photography and video to be used by Oklahoma Vault Club free of royalty. \_\_\_\_\_ Relationship: \_\_\_\_\_ Emergency Phone #: \_\_\_ Emergency: Contact Signature: \_\_\_\_ (Print):

Annual Enrollment: